



Life-Changing Nutritional Products for Health-Minded & Entrepreneurs

Happy 2017, everyone! Welcome to the **very first catalog edition of the AIM** *Living Well* **magazine**. We encourage you to use this issue as a resource throughout the year, and to purchase additional copies to share with others!

In 1982, we had a free-enterprise vision of helping people achieve health and wealth through lifechanging nutritional products and entrepreneurial spirit. That same vision and AIM's mission "to improve the quality and productivity of people's lives" is as strong today as it was back then. Along the way, we have introduced you to those responsible for The AIM Companies™ positive image, each with a story about the impact AIM has had on their lives. This legacy of testimonials has laid the foundation of what we are and what we will always endeavor to be.

Many multi-level companies have come and gone since AIM's founding. And a valuable lesson was learned on the journey: we can only control how green our grass is and not that of the competitors. What The AIM Companies does not provide in flashy advertisements

and get-rich-quick schemes, it makes up for with our non-compromising integrity and longevity. Perhaps being the older kid on the block has some advantages because we already know what others are trying to learn.

Today, AIM consists of people from all around the world with a desire to improve their lives and the lives of others. As we embark towards an important milestone, we RECOGNIZE that everyone is unique, with their own set of values, beliefs and ideas. We RESPECT that everyone deserves to be treated as an individual. And last, but not least, it is our goal to RESPOND to your needs, wants and ideas. We aim to exceed your expectations in all we do.

Our vision remains the same. Our hope is to make this a journey with you, not merely a destination. Because after thirty-five years in "Partnership for Life," if there is one thing we have learned — the journey matters.

~The AIM Companies

how to shop this catalog



Certifies that the product contains less than 20 PPM gluten



Certifies that the product does not contain genetically modified ingredients



Signifies that the product is certified kosher



Certifies that this product contains no animal products or byproducts



Certifies that this product contains no substances banned by the World Anti-Doping Agency



If you are not fully satisfied with your AIM product, you may return it within thirty days of purchase for a full refund

January 2017



Published by



The purpose of AIM Living Well is to communicate vital information to our Members and to build a strong relationship with them through education, motivation and recognition.

AIM products cannot be sold and advertised as cures and treatments for any disease. Our products are intended to improve the nutritional profile of the individuals who use them. Federal regulations in many countries prohibit making any claims that products are used in the diagnosis, cure, mitigation, treatment and prevention of disease.

AIM Living Well is written in compliance with U.S. requirements, which may not be suitable for marketing AIM products outside of the United States. We ask that you be aware of and respect the requirements of your country in marketing AIM products.

Articles are for information only. Consult a health care practitioner for advice.

©2017 AIM International Inc.

AIM Members are hereby granted permission to reproduce any article that appears in Living Well, provided the article is reprinted in its entirety and the reprint bears the following notice: "Reprinted with permission of AIM International Inc., Nampa, Idaho."

Printed in the USA. All other trademarks are the property of their respective owners.

Product Availability varies from country to country.

See our price list for your country for availability, for Member pricing and to order.

See Prices and Availablity Here

wholefood concentrates

Daily nutritional support for an acidic body, cardiovascular issues, fatigue, immunodeficiency and inflammation



BarleyLife

provides an all-natural, barley grass juice powder concentrate that promotes whole-body health with a rich source of vital nutrients, including vitamins, minerals, chlorophyll, antioxidants, phytonutrients and enzymes.









After three months on AIM's awesome barley grass supplement twice a day, I discovered that I didn't have to consciously smile at an oncoming person. A smile just popped out and I felt good. Now I am a much happier, healthier and nicer person, still faithfully having a daily 'green grass' BarleyLife booster!



Libby Espeseth, Golden, Colorado

BarleyLife 12.7 oz/360 g powder	
BarleyLife 6.35 oz/180 g powder	
BarleyLife 280 vegan capsules	
note: BarleyLife capsules are not	

BarleyLife Xtra

supports whole-body health with barley grass juice powder and eighteen different fruits and vegetables that provide a wealth of nutrients, including antioxidants, chlorophyll, enzymes, phytonutrients, vitamins and minerals.









Supports the immune, skeletal and cardiovascular systems and for cognitive function and allergies



CoCoa LeafGreens

offers the antioxidants and flavonoid benefits of three types of cocoas alongside the nutrition of six green vegetables. Kids and adults will clamor for that smooth, silky taste.

CoCoa LeafGreens 6.35 oz/180 g powder

wholefood concentrates

Provides support for allergies, low energy, arthritis, inflammation and cardiovascular, digestive, immune system and kidney health



LeafGreens Six of the world's most nutritious vegetables (barley grass, spinach, kale, arugula, Swiss chard and broccoli sprouts) combine to form a veritable powerhouse of plant antioxidants, flavonoids and nutrients.

LeafGreens 6.35 oz/180 g powder

Nutritional support for cataracts, low energy levels, macular degeneration, nutrient deficiency, poor vision and skin problems

Just Carrots provides an all-natural, carrot juice powder concentrate that promotes whole-body health with a rich source of nutrients, including alpha- and beta-carotene, minerals, antioxidants and enzymes.



I was stunned at how good
I felt after trying the Garden
Trio. It gave me incredible
energy—something I hadn't
had up to that point. I was
sold!



Richard Porter, Plainview, Texas

Just Carrots 14.1 oz/400 g powder









Nutritional support for cardiovascular issues, inflammation, liver ailments, nutrient deficiency, poor circulation and toxic buildup



RediBeets is an all-natural, beet juice powder concentrate that promotes whole-body health with a rich source of nutrients, including betaine, minerals, antioxidants, phytonutrients and enzymes.







RediBeets 8.82 oz/250 g powder

For overall health, nutritional support and day-to-day maintenance, cardiovascular health, mental clarity, energy and battling inflammation



Garden Trio BarleyLife, RediBeets, Just Carrots



Garden Trio BarleyLife Xtra, RediBeets, Just Carrots







wholefood concentrates

Nutritional support for body weight issues, blood sugar, low energy, poor metabolism and

weak muscles

ProPeas is a vegetable protein made from field peas that helps to alkalize the body and manage weight by maintaining a feeling of fullness, boosting metabolism and building lean muscles.

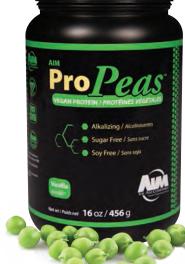








ProPeas 16 oz/456 g protein powder



For stamina, energy, exercise recovery, improved oxygen utilization, blood pressure management, cardiovascular health and muscle performance

Red Rush, 500 mg of dietary nitrate per bottle, is the most powerful beet juice shot on the market. Flavored with cherries and lemons, it is also the best tasting.













nutritional supplements to support healthy lifestyles. AIM is the sole provider of BarleyLife, AlMega, CalciAlM, CoCoa LeafGreens, Herbal Fiberblend, Peak Endurance, Red Rush and many other quality products.

Opportunity

AIM offers opportunities for SAVINGS and for extra INCOME with an AIM Membership. Enroll for FREE as an AIM Member with a small initial and instantly save up to 25% off the retail price. But that's not all! On the income side, AIM offers a generous opportunity for those interested in sharing the products and building an AIM business. For more information about becoming an AIM Member, please email, call 1-877-735-2121 or see our website at http://YourLifeSource.com .

Success

As an AIM Member, you can be both healthy and wealthy. AIM offers Nutrition That Works! for you. The AIM Income Plan offers flexibility, whether you are supplementing your paycheck or replacing your fulltime job. We invite you to improve the quality of your life and the lives of those around you by enrolling as an AIM Member.

Nutritional support for bowel issues, blood sugar, irregularity, poor digestion and weight issues



Herbal Fiberblend contains soluble and insoluble fiber from psyllium along with cleansing herbs, contributing to a healthy high-fiber intake that detoxifies the digestive system and provides gentle relief of constipation.

In two weeks, Herbal Fiberblend took away nine years of suffering and struggling from ulcerative colitis. It's simply awesome!

Tiffany Berry, Aurora, Illinois



Herbal Fiberblend

13 oz/375 g all-natural raspberry powder

280 vegan capsules

13 oz/375 g unflavored powder

Testimonials should not be construed as representing results that everyone can achieve.

10 http://YourLifeSource.com toll free: 877-735-2121 or direct: 214-340-03 For whole-body health, energy, for daily fiber and nutrition, for digestive, cardiovascular and immune system support

Body Booster 1

has everything you need to build a new, healthier lifestyle, from the wholefood vegetable nutrition of the Garden Trio to the digestive benefits of raspberry Herbal Fiberblend.

Body Booster 1 Garden Trio with BarleyLife and raspberry Herbal Fiberblend









Body Booster 2

has everything needed to create a new, healthier lifestyle, from the wholefood vegetable nutrition of the Garden Trio to the digestive benefits of unflavored Herbal Fiberblend.

Body Booster 2 Garden Trio with BarleyLife and unflavored Herbal Fiberblend



I'm traveling non-stop these days ... the only way to ensure my nutrition stays on track: AIM Garden Trio - every day. And, I love Herbal Fiberblend!

Actress on AMC's The Walking Dead



New Members: Order a starter pack within 60 days of sign up and receive free economy shipping.

Body Booster 3

features the always tasty BarleyLife Xtra version of the Garden Trio alongside the raspberry Herbal Fiberblend. This pack contains everything needed to start your journey to health.

Body Booster 3 Garden Trio with BarleyLife Xtra and raspberry Herbal Fiberblend













Body Booster 4

features the always tasty BarleyLife Xtra version of the Garden Trio alongside the unflavored Herbal Fiberblend. This pack contains everything needed to start your journey to health.

Body Booster 4 Garden Trio with BarleyLife Xtra and unflavored Herbal Fiberblend



An acidic pH creates a body environment that opens the door to disease. Maintain a healthy inner balance of 7–7.5 by monitoring your body's pH value with easy-to-use test strips.

pH Test Kit 100 strips

Nutritional support for arthritis, cardiovascular issues, autoimmune problems, skin problems and inflammation

> **AlMega** contains the omega-3 and -6 essential fatty acids needed daily for numerous functions throughout the body, including the formation of healthy cell membranes and cellular activity, growth and repair.





AlMega 120 gelatin capsules

NPN 80006364 For cardiovascular health with antioxidant, antifungal and antibacterial properties

> Bear Paw Garlic contains wild garlic leaves harvested from the forests and mountains of Europe. It has all the benefits of standard garlic but is more potent, healthier and odorless.

66 Bear Paw Garlic is probably my favorite AIM product due to the effect it has on infection. Nothing works better than Bear Paw Garlic. Sally Creed, Capetown, South Africa

Bear Paw Garlic 90 vegan capsules





Bear Paw (To



For skeletal, musculature and nervous system support and for healthy bones, teeth, gums

cartilage and heart



CalciAIM Containing several key nutrients often missing from modern diets, tasty CalciAIM supplies ample portions of vitamin D, calcium, vitamin C, copper, zinc and magnesium in a form that's easily absorbed.

CalciAIM 14.1 oz/400 g







Osteoporosis in my vertebrae made me search for a good calcium supplement. CalciAIM's 98 percent absorbable powder was my answer. It not only tastes good, but it also has greatly improved my bone density. I no longer have osteoporosis.

Janet Breitkreutz, Sherwood Park, AB



Nutritional support for cardiovascular issues, low energy and cellular damage



CellSparc 360

delivers the spark that maintains optimal cellular energy from coenzyme Q10 (CoQ10) along with DHA and FPA and vitamin F for supporting a healthy heart.

CellSparc 360 30 gelatin capsules



NPN 80006625

Nutritional support for anxiety, insomnia, muscular and nervous tension, stress, worry and unrest



Composure provides a combination of soothing herbs that naturally relax and calm nerves, reduce restlessness and feelings of anxiety and promote restful sleep.

Composure 60 vegan capsules







To maintain urinary tract health and inhibiting the growth of Candida



CranVerry+ harnesses the awesome protective powers of cranberries. Each capsule contains 500 mg of cranberry extract, the same as thirtyfour pounds of cranberries. It's formulated for men and women

CranVerry+ 60 vegan capsules



l've been challenged with rashes and tried every kind of soap, ointment and powder for fungus and yeast with no relief. I started taking one CranVerry+ capsule three times a day. The rash improved—healed almost instantly.

Sandy Combs, Debary, Florida

Nutritional support for cardiovascular issues, low-fiber intake and poor digestion

fit 'n fiber

A some of flow / Une source de tens

un toric fi

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une source de tens

A some of flow / Une

fit 'n fiber contributes to a healthy high-fiber intake with a combination of supplemental fiber and herbs that supports optimal digestive function and weight management.

fit 'n fiber 16 oz/456 g (orchard peach)







For immune system support, digestive health, gas, bloating, diarrhea, constipation, poor nutrient absorption and overall wellness





FloraFood Sixty percent of the immune system and 3.5 pounds of probiotic bacteria reside in the gut. AlM's tripleblend probiotic makes sure that those beneficial bacteria work for your welfare.

FloraFood 60 vegan capsules







FloraFood is an excellent probiotic, and people forget that this is probably one of the most important additions to your daily regime if you are not eating a healthy diet or have been on antibiotics or any long-term prescription medications.

Vivien Rossaak, Auckland, NZ

Nutritional support for allergies, asthma, bursitis, joint pain, osteoarthritis, sport injuries and tendonitis



Frame Essentials

delivers a combination of glucosamine sulfate, glucosamine hydrochloride, boswellia extract and MSM (methylsulfonylmethane), four effective ingredients that provide the building blocks the body needs for healthy joints.

Frame Essentials 120 vegetarian capsules





Frame Essentials works well for my osteoarthritis. I started taking it over fifteen years ago, two in the morning and two in the evening. If I don't take it, I really have a problem in my joints.

Dean Reynolds, Elora, Ontario

Nutritional support for poor circulation, dementia, depression, low energy, glaucoma, macular degeneration and poor vision



GinkgoSense

delivers the combined benefits of Ginkgo biloba, bilberry, DHA and lutein for an effective blend of natural ingredients that help to improve circulation, memory and vision.

GinkgoSense 30 vegetarian capsules





For sugar cravings, weight and blood glucose support and promoting lean muscle mass



GlucoChrom provides blood glucose support through a unique blend of herbs and trace minerals. Stress, a poor diet, insufficient sleep and too little activity can negatively influence blood sugar levels.

GlucoChrom 60 vegan capsules







I am thrilled about GlucoChrom for my diabetes. I used to have swelling in my ankles but that's gone down and so has my A1C level! Maria Sipple, Dayton, Ohio

For immune and lymphatic system and white blood cell support, for detox, cleansing and digestive issues

Herbal Release

is a powerful supplement that employs potent herbs to produce a healthy cell environment.









Herbal Release 60 vegan capsules (USA)

Herbal Release 120 vegan capsules (CAN)

Herbal

Release, a

combination of ten

herbs that promote

bowel movements,

helping to cleanse

the intestinal tract

and support the

immune system.

For deep cleansing, detoxifying, maintaining proper digestive and intestinal health and for its herbal antiparasitic properties



Para 90 keeps the creepy crawlies out of your digestive tract. One in six suffers from parasites, from bad water or undercooked food usually. It's a neglected, common problem.

Para 90 90 vegan capsules







May support energy, blood flow and cardiovascular health, exercise recovery, cognitive functioning, memory and healthy aging











NPN 80065411

Peak Endurance

with a daily serving of 400 mg of Peak ATP and six B-vitamins, can provide robust vigor to athletes, but it's versatile enough to be used by anyone who can use extra energy.

ENERGY, VITALITY AND STRENGTH. That is what I get from **Peak Endurance**. I just am not tuckered out any more!

Mitch Clarke, Burnaby, BC

Peak Endurance 10.6 oz/300 q

Nutritional support for acid reflux, bloating, cold symptoms, indigestion, migraine headaches, toxic buildup and weight gain



PrepZymes delivers a combination of nine cultured enzymes, alpine wild garlic and papaya fruit that supports the digestive process, promotes the assimilation of food nutrients and increases energy.

PrepZymes 100 vegan capsules

For a healthy immune system and reducing inflammation, promoting healthy aging and antioxidant recycling



Proancynol 2000

AlM's antioxidant-rich supplement prevents free radical damage with seven cutting-edge, synergistic ingredients. Free radicals may incite inflammation, disease and aging, and natural antioxidant defenses erode as one ages.

Proancynol 2000 60 gelatin capsules





As a professional singer, I've been using Proancynol 2000 for over nine years now. It literally knocks out a cold and eliminates sore throat, congestion and mucus so that I can go on singing. It's a miracle! Georgiann Gibson, Queenstown, Maryland

For maintaining urinary health and consistent flow, reducing likelihood of bladder infections, to maintain prostate health



ReAssure SP imparts potent herbs like saw palmetto extract — that help maintain prostate and urinary health. Prostate problems can occur at any time, but the risk becomes greater with age.

ReAssure SP 60 gelatin capsules





66 I'm seventy-five years old, and I really believe it's better to be safe than sorry. I've been taking ReAssure SP for prevention because I know a lot of people who are younger than me who have prostate problems. I don't.

Robin Harper, Saint John, NB

Testimonials should not be construed as representing results that everyone can achieve.

Popular among menopausal women due to its beautifying benefits



combination packs

Nutritional support for blood sugar and cardiovascular issues, irregularity, low energy, nutrient deficiency and toxic buildup (Canada only)









The **Daily Essentials Pack** helps cleanse, detoxify, build and energize the body with greens from BarleyLife, fiber from Herbal Fiberblend or fit 'n fiber and essential fatty acids from AlMega.

Daily Essentials Pack(s)

BarleyLife, AlMega, Herbal Fiberblend

BarleyLife, AIMega, orchard peach fit 'n fiber

For overall health, smart weight management and improved satiation, cardiovascular and digestive health (US only)



CoCoa Smoothie Pack

a healthy, chocolaty snack with only

80 calories per serving. It works because fiber, protein and green veggies help curb cravings and the weight should stay off.

CoCoa Smoothie Pack

CoCoa LeafGreens, fit 'n fiber and ProPeas



For weight and cholesterol management, blood sugar control, adding muscle or curbing appetite and meal replacement (US only)



The **Lean Team**, where both legendary ProPeas, and fit 'n fiber join forces. These two great-tasting, low-calorie products work in tandem to curb your appetite and the weight should come off.

Lean Team fit 'n fiber and ProPeas







Exercise and sports nutrition that increases energy levels, maximizes stamina and promotes lean muscle mass

> The **Sports Pack** enhances fitness levels with a combination of Peak

> > Endurance, ProPeas and Red Rush, nutritional supplements that deliver energizing ATP, healthy vegetable protein and nitricoxide boosting beet juice.



Peak Endurance, ProPeas and Red Rush









combination packs

Weight management nutrition that supports healthy and effective weight loss in a natural way

The **Weight Loss Pack** offers nutritive excellence from ProPeas, GlucoChrom and fit' n fiber to help build lean muscles, metabolize carbohydrates and fats and maintain an ideal body weight.



Weight Loss Pack

2 ProPeas, 1 fit 'n fiber (peach), 1 GlucoChrom







Weight Loss Pack

2 ProPeas, 1 GlucoChrom with: 1 orchard peach fit 'n fiber









I love ProPeas! I have tried every protein drink on the market, and ProPeas is not only the best tasting, it's also the cleanest source of plant-based protein available.

Tina Wilkerson, Certified Personal Trainer





The Healthy Cell Concept is an overview of the five steps needed to improve your health through nutrition. By following these simple guidelines, one should see robust, beneficial results. It's never too early or too late to get started.

- food
 Our cells need pure, whole, natural, fresh foods as well as high-quality nutritional supplements.
- exercise

 Exercise provides strength, endurance, flexibility and mental alertness as well as assisting in stress relief.
- environment
 A clean environment, beginning with the water we drink and the air we breathe, has a large impact on the body's cells.
- protection
 A healthy immune system is the best defense against disease and illness, which means we need proper nourishment, rest and stress management.
- attitude
 A positive attitude yields positive results. Laugh, be happy and it can help stave off illness and disease.

topical magnesium

Topical support for bone and joint problems, cardiovascular issues, headaches and muscle stiffness



Mag-nificence lotion and spray deliver topical magnesium that is absorbed through the skin. The benefits of magnesium include increased energy, muscle ache and spasm relief and heart health support.

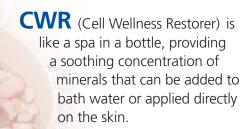
Mag-nificence 6.4 oz/181 g lotion

Mag-nificence 4.4 fl oz/130 ml spray

I used to have neck and back pain, which caused weakness in my legs and numbness in my toes sometimes. Mag-nificence lotion made my legs feel better and the toe numbness went away, so I use it every day now.

Cassie (Shaoqin) Yang, San Ramon, California

Topical support for low energy, muscle and joint issues, poor sleep, skin problems and stress



CWR 12 fl oz/354 ml

How Your Body Rebuilds Itself in Less than 365 Days



Did You Know: Every cell in your body dies and is replaced by new cells. Every day is a new opportunity to build a new body with *Nutrition that Works!* from AIM.



Fundamental lifestyle choices for a healthy body

Eliminate. Don't make lifestyle choices that result in poor health. Exercise regularly, get enough quality sleep and eliminate toxic stress in your life. Of course, don't smoke, drink to excess or abuse drugs. Regularly cleansing the body of toxins (detoxification) is vital. Toxins can be flushed from the body with the right foods and AIM products.

Nourish. Eat a balanced and sensible diet built around whole foods. Avoid overeating and large portions. Drink eight glasses of pure water daily, and use AIM wholefood concentrates and supplements to help nourish your cells, enabling them to operate at peak efficiency.

Replenish. Our bodies often require nutritional supplementation. As you can see in this catalog, The AIM Companies™ offers a variety of products to assist with your health and nutrition.

Nutrition that Works!

After 35 years of business we can say that the AIM products stay around for one reason - they work!

In addition to great products AIM Membership also provides an <u>optional</u> business opportunity. You can earn income by sharing the products with others. It is optional, but it is a tremendous option for those willing to work at it.

When you become an AIM Member you will receive info on how the AIM business works. Read through it, pray about it and see if your own AIM business would benefit you.

Benefits of an AIM Member Business:

- Purchase AIM products direct at wholesale prices
- Minimum investment FREE membership options
- Nutrition and business training at The AIM Academy FREE
- Work from home at your own pace and convenience building a part-time or full-time business
- Minimal expenses compared to traditional businesses
- Develop a business that produces even when you aren't
- Exciting contests and travel opportunities
- International business-building opportunities
- Earn commissions several levels deep and infinitely wide, even on Members of the same title
- Generous Leadership Bonus Program
- Promotions that are retroactive to the first of the month
- Free annual renewal with minimal points accrued
- Permanent titles you are never demoted if you renew annually
- Low commission qualification requirements and compression at all levels

CONTACT: LOREN & KATHLEEN SCHIELE AIM ID: 343417 direct: 214-340-0379 toll free: 877-735-2121 email: Loren@YourLifeSource.com website: YourLifeSource.com